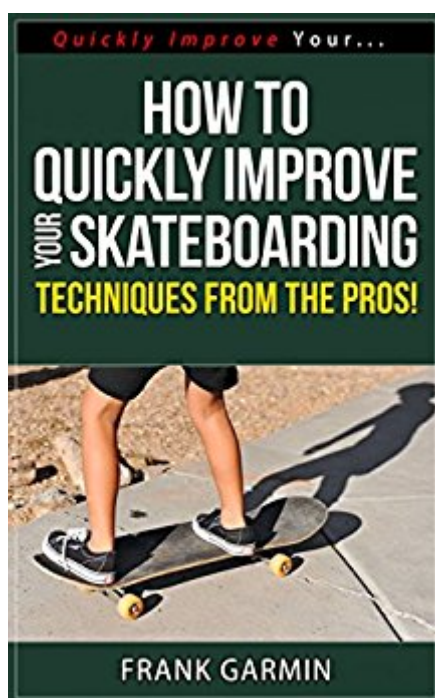


The book was found

How To Quickly Improve Your Skateboarding - Techniques From The Pros! (Quickly Improve Your... Series Book 6)



Synopsis

What is the best way to learn skateboarding? What are the first skateboard tricks to learn? How to improve your skateboarding? How to land on a skateboard, skateboard street tricks, skateboarding balance, skating tips, - these and many other questions will be answered on the pages of this book. What can one do if becoming a quality skateboarder is not as easy as it should be? Is there a way to speed up the process a little bit and get going faster? Yes, it is possible, but there are many intricacies that have to be focused upon before moving forward. This book is designed to help pinpoint what the best approach is in this day and age. Skateboarding requires patience and the ability to focus on the right approach. There are many professionals who were once amateurs with minimal skill, but over time they worked on their craft and are now able to rule the ramps and streets with ease. Along with expert tips that are going to help push one's abilities forward, this book is also going to take a look at some of the common mistakes made by skateboarders in this day and age. These are mistakes that can easily be rectified with a bit of patience and focus. Among the topics highlighted in this manual is **HOW TO WORK ON TRICKS**. This is something most enthusiasts crave and dream about because they simply want to be able to pull off all of those tricks they see on TV. If it was that easy, everyone would be able to pull off these tricks and not have to think twice about them. Yet, it does take a lot of work and only those who persevere are able to pull off some of the craziest tricks that have ever been seen. Other important chapters that you do not want to overlook in any way include: **BUILDING MINDSET OF A PRO**, **BEST BALANCE EXERCISES FOR ENHANCED CONTROL ON BOARD**, **EXPERTS TIPS ON BUILDING FOUNDATIONAL SKILLS**. This is where the rubber meets the road, and these chapters should become your **Bible** if you are serious about your skateboarding! Another significant topic you need to study in depth is **MISTAKES MADE BY YOUNG SKATEBOARDERS**: a glance at some of the biggest and common mistakes that are made by young and old skateboarders just because they are not paying attention. Some of these mistakes are easy to make, while there are others that are not as easy to make, but still do a lot of damage in the short and long term. Use the tips that are listed here to avoid these mistakes before they ruin an entire session or worse lead to an injury that could have been avoided with a bit more caution. This book should act as a guide that is to be read every single day until improvements are seen. In fact, many skateboarders that have enjoyed the content state they prefer to keep the book to hand as time goes on. Many of the skateboarders that have provided knowledgeable information on this topic continue to use the same tips and tricks they have relayed here!

Book Information

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Customer Reviews

Yeah, definitely got my more motivated. Noted some key workouts for the finer tweaks. Just realized once again that your mindset needs to be right.

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